

Monthly Newsletter



March 2026



March Updates

Welcome to the new and improved monthly newsletter from the Butler County Health Department. Our goal is to keep community members and partners across Butler County, Missouri, informed about the many free and low-cost programs, services, and events available to support the health and well-being of our community. By sharing these resources, we hope to connect more individuals and families with the tools they need to live healthier lives.

March is National Nutrition Month, an annual campaign led by the Academy of Nutrition and Dietetics to encourage healthy eating and active lifestyles. Throughout the month, our Health Education team will be out in the community with our mobile unit, providing education, resources, and support to help residents make informed choices about nutrition and overall wellness. We look forward to seeing you and working together to build a healthier Butler County.

March is full of opportunities to connect with our team and access valuable services. Join us for Mobile Unit Outreach at Bacon Park on March 6 from 12:00–2:00 PM and at Linc Park on March 27 from 12:00–2:00 PM. Our PrEP Clinic will be held on March 12 from 8:00 AM–3:00 PM (must have appointment), and WIC will offer extended evening hours on March 26 from 9:30 AM–6:30 PM for your convenience.

We will also host a Daycare Provider Training on March 26 from 6:00–7:00 PM and a Narcan Training on March 31 from 12:00–1:00 PM. These events reflect our continued commitment to improving access to prevention, education, and support services throughout Butler County.



March Events

Mobile Unit Outreach- Bacon Park

3/6 12PM-2PM

Mobile Unit Outreach- St.Vincent de Paul

3/11 11AM-2PM

PrEP Clinic

3/12 8AM-3PM

WIC Late Night

3/26 9:30AM-6:30PM

Daycare Provider Training

3/26 6PM-7PM

Mobile Unit Outreach- Linc Park

3/27 12PM-2PM

Narcan Training

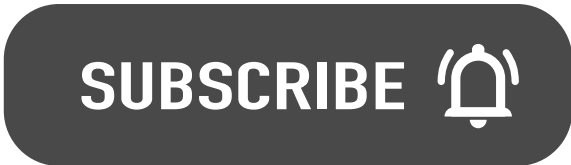
3/31 12PM-1PM



Looking Forward

This newsletter also introduces a new format designed to make it easier to find important updates, upcoming events, and available services. Each issue will highlight key programs, outreach opportunities, and resources available to our community. We welcome your feedback as we continue to improve this newsletter.

Please let us know what information you find most helpful and what you would like to see included in future editions. Your input helps ensure this newsletter meets the needs of our community and partners. To receive future editions directly in your inbox, please click the subscribe button.



Staff Spotlight



This is Robin, she is likely one of the first smiling faces you see when visiting the Butler County Health Department. As a receptionist, Robin greets everyone with warmth and kindness, helping visitors feel welcome from the moment they walk through the door.

In celebration of National Nutrition Month, we're spotlighting the healthy habits that keep our team feeling their best. Robin's favorite healthy meal is baked chicken paired with steamed yellow squash and mushrooms, a simple, nourishing dish that's both delicious and good for you. When asked what she's most thankful for, Robin shares that her family and friends mean the world to her. With that, she states Thanksgiving is her favorite holiday because it brings everyone together and, of course, great food.

If you see Robin at the front desk this month, be sure to say hello!



Job Openings

Join our wonderful team!

Employment with the Butler County Health Department offers excellent opportunities for growth and development, benefits, competitive salaries, and work environments in our area.

Click below to see available positions.



Butler County Health Department | Employment

Employment with the Butler County Health Department offers excellent opportunities for growth and development...

butlercountyhealth.org

Affordable Family Planning Services at Butler County Health Department

Butler County Health Department 2026 FEE SCHEDULE & GUIDELINE

Effective: Feb 2026

Annual Income		0% Pay	25% Pay	50% Pay	75% Pay	100% Pay			
FAMILY SIZE		0 to 100%	101% to 150%	151% to 200%	201% to 250%	251% +			
1	0	15,960	15,961	23,940	23,941	31,920	31,921	39,900	39,901
2	0	21,640	21,641	32,460	32,461	43,280	43,281	54,100	54,101
3	0	27,320	27,321	40,980	40,981	54,640	54,641	68,300	68,301
4	0	33,000	33,001	49,500	49,501	66,000	66,001	82,500	82,501
5	0	38,680	38,681	58,020	58,021	77,360	77,361	96,700	96,701
6	0	44,360	44,361	66,540	66,541	88,720	88,721	110,900	110,901
7	0	50,040	50,041	75,060	75,061	100,080	100,081	125,100	125,101
8	0	55,720	55,721	83,580	83,581	111,440	111,441	139,300	139,301

Monthly Income		0 to 100%	101% to 150%	151% to 200%	201% to 250%	251% +			
FAMILY SIZE		0 to 100%	101% to 150%	151% to 200%	201% to 250%	251% +			
1	0	1,330	1,331	1,995	1,996	2,660	2,661	3,325	3,326
2	0	1,803	1,804	2,705	2,706	3,607	3,608	4,508	4,509
3	0	2,277	2,278	3,415	3,416	4,553	4,554	5,692	5,693
4	0	2,750	2,751	4,125	4,126	5,500	5,501	6,875	6,876
5	0	3,223	3,224	4,835	4,836	6,447	6,448	8,058	8,059
6	0	3,697	3,698	5,545	5,546	7,393	7,394	9,242	9,243
7	0	4,170	4,171	6,255	6,256	8,340	8,341	10,425	10,426
8	0	4,643	4,644	6,965	6,966	9,287	9,288	11,608	11,609

Weekly Income		0 to 100%	101% to 150%	151% to 200%	201% to 250%	251% +			
FAMILY SIZE		0 to 100%	101% to 150%	151% to 200%	201% to 250%	251% +			
1	0	307	308	460	461	614	615	767	768
2	0	416	417	624	625	832	833	1,040	1,041
3	0	525	526	788	789	1,051	1,052	1,313	1,314
4	0	635	636	952	953	1,269	1,270	1,587	1,588
5	0	744	745	1,116	1,117	1,488	1,489	1,860	1,861
6	0	853	854	1,280	1,281	1,706	1,707	2,133	2,134
7	0	962	963	1,443	1,444	1,925	1,926	2,406	2,407
8	0	1,072	1,073	1,607	1,608	2,143	2,144	2,679	2,680

SLIDING FEE SCALE (Rev 2/26)		0%	25%	50%	75%	100%	CPT Code
% of Poverty		0-100%	101% - 150%	151% - 200%	201% - 250%	251% +	
Annual/Initial Exam		\$0.00	\$25.00	\$50.00	\$75.00	\$100.00	
(Including genprobe, hbg.) all other tests additional							
Revisit/Problem Visit		\$0.00	\$15.00	\$30.00	\$45.00	\$60.00	99211
Brief visit		\$0.00	\$7.00	\$14.00	\$21.00	\$28.00	99211
Pap Smear (Thin Prep)		\$0.00	\$10.00	\$20.00	\$30.00	\$40.00	88142
UA		\$0.00	\$1.25	\$2.50	\$3.75	\$5.00	81000
Wet Prep		\$0.00	\$1.25	\$2.50	\$3.75	\$5.00	87210
Pregnancy Test		\$0.00	\$5.00	\$10.00	\$15.00	\$20.00	81025
Birthcontrol pills		\$0.00	\$8.00	\$16.00	\$24.00	\$32.00	S4993
Emergency Contraceptive Ella		\$0.00	\$9.50	\$19.00	\$28.50	\$38.00	S4993
Daysee BC Pills		\$0.00	\$5.00	\$10.00	\$15.00	\$20.00	S4993
Depo-Provera		\$0.00	\$13.75	\$27.50	\$41.25	\$55.00	J1050
Metro Tabs #14*		\$0.00	\$3.00	\$6.00	\$9.00	\$12.00	J8499
Metro Gel		\$0.00	\$1.75	\$3.50	\$5.25	\$7.00	J3490
Fluconazole		\$0.00	\$1.00	\$2.00	\$3.00	\$4.00	J8499
Kyleena		\$0.00	\$214.25	\$428.50	\$642.75	\$857.00	J7296
Mirena		\$0.00	\$89.75	\$179.50	\$269.25	\$359.00	J7298
Paraguard		\$0.00	\$86.50	\$173.00	\$259.50	\$346.00	J7300
IUD/IUS Insertion		\$0.00	\$25.00	\$50.00	\$75.00	\$100.00	58300
IUS/IUS Removal		\$0.00	\$25.00	\$50.00	\$75.00	\$100.00	58301
Nexplanon		\$0.00	\$161.00	\$322.00	\$483.00	\$644.00	J7307
Implant Insertion		\$0.00	\$25.00	\$50.00	\$75.00	\$100.00	11981
Implant Removal Only		\$0.00	\$25.00	\$50.00	\$75.00	\$100.00	11982
Implant Removal / Reinsertion		\$0.00	\$50.00	\$100.00	\$150.00	\$200.00	11983
NuvaRing		\$0.00	\$11.50	\$23.00	\$34.50	\$46.00	J7295
Male Condoms		\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	A4267
Female Condoms		\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	A4268
Patch - Initial		\$0.00	\$33.25	\$66.50	\$99.75	\$133.00	Z30.016
Patch - Follow up		\$0.00	\$33.25	\$66.50	\$99.75	\$133.00	Z30.46

We believe everyone deserves access to quality reproductive health care, regardless of income. That's why we offer a sliding fee scale for family planning services based on your household size and income. Many services may be low-cost or even FREE for qualifying families!

Our fee schedule helps make it easier to plan for your health with transparent pricing and support from our caring team.

Come see us at the Butler County Health Department or call us to learn more and check where you fall on the scale. We're here to help you take charge of your health with compassion, confidentiality, and care.

Insurances In-Network

United Healthcare
Anthem Blue Cross Blue Shield
Healthy Blue
Home State Health
MO Healthnet

*****Provider list and benefits subject to change*****

Butler County Health Department General Info

Vital Records

Applications can be completed at the Butler County Health Department to obtain birth and death records. Valid picture ID required. Birth certificates cost \$15 and death certificates cost \$14.

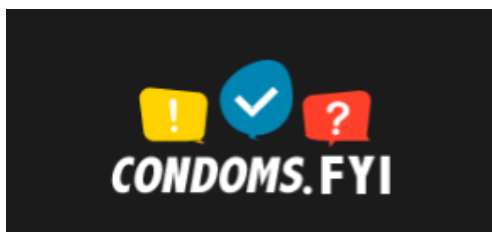
Vital records are open Monday through Friday, 8 am - 4:15 pm.

STI Prevention

The STI and HIV prevention program focuses on helping the community understand the risk of STIs/HIV and educating them on the prevention methods of these infections.

This program offers educational classes/resources, evidence-based interventions, safe sex items, and rapid testing for HIV, syphilis, and Hepatitis C. These services are available to 20 counties in Southeast Missouri.

Click the picture below to visit the prevention website where you can order free safe sex items to be shipped discreetly to your home.



Environmental Public Health Specialist (EPHS)

Inspects ALL food establishments in the county, including school cafeterias, restaurants, mobile food vendors, taverns, retail grocery stores, and other food.

Private water test kits are available at the reception at the Butler County Health Department. The cost of the kit is \$10.

HIV Case Management

The HIV Case Management program helps Missouri residents who are 300% below the poverty level who are living with HIV. These services include but are not limited to: housing assistance, health insurance, copay assistance, and dental care.

The Butler County Health Department program covers these 9 counties: Butler, Carter, Dunklin, New Madrid, Pemiscot, Reynolds, Ripley, Stoddard, and Wayne.

Health Education

The Butler County Health Department health educators promote health and wellness to Butler County. Health Educators are available to speak on a variety of health-related topics at any civic, community or school-related event.

The health education department has programs on overdose prevention, community gardening, childcare consultants, maternal child health, Social Determinates of Health, and Building Communities for Better Health (BCBH).

CYSHCN

The Children and Youth with Special Health Care Needs program provides assistance for individual from birth to age 21 who have a medical conditions that may hinder their normal growth and development and who requires more medical services..

To learn more about services from this program or guidelines call 573-785-8478 ext. 214

To help us develop a registry of individuals with Special Healthcare Needs who may require special assistance in the event of a disaster such as a tornado, severe storm, chemical spill or earthquake click the photo below.



Butler County Health Department Public Health Clinic



Immunizations

The Butler County Health Department offers childhood immunizations to members of the community. Some of the vaccinations may only be administered to children; however, some are available to adults as well.

Vaccinations offered at the BCHD clinic include: DTAP, Hep A, Hep B, Hib, Influenza, MMR, MMRV, Meningococcal, Pneumococcal, Polio, Rotavirus, Tdap, Td, Varicella.

Family Planning

Butler County Health Department offers a variety of family planning services. Women's annual wellness exams, pregnancy tests, HIV screenings, STI screenings and treatment, and birth control are offered. Butler County has eight options available for birth control. They are IUD, Implant, The shot, The ring, The patch, The pill, external condoms, and internal condoms.

PrEP

A monthly PrEP clinic is hosted at the Butler County Health Department. PrEP is typically a daily medication used to reduce the risk of contracting HIV infection. When taken as prescribed, PrEP can reduce the risk of getting HIV from sex by about 99%.

The PrEP clinic is no cost, by appointment only, and there is a patient assistance program available to help with medication costs if uninsured.

Butler County Health Department Women, Infants, and Children (WIC) Clinic

The WIC program is a nutrition education program in Missouri that assists mothers and young children in maintaining good health through healthy eating. Any questions about programs or eligibility call 573-785-7044.

The Butler County WIC program is open Monday-Friday.

Milk Bank

A Milk Depot is a conveniently located collection site for approved human milk donors. Area donors who have been approved by The Milk Bank can drop off their excess breastmilk at the health department. These donations are collected and sent to The Milk Bank, where they will be bottled, pasteurized, and tested for sterility by an independent lab before being dispensed to an ordering hospital or an outpatient with a physician's prescription.

BFPC Program

The Breastfeeding Peer Counselor Program provides breastfeeding education and support to WIC participants. The BFPC teaches breastfeeding classes monthly, as well as hosts a quarterly support group. The BFPC also provides one-on-one counseling to moms. The program loans both manual and electric breast pumps.

Other Programs

The Butler County Health Department WIC department also offers other community programs like Baby and Me Tobacco Free, Car Seat fitting station, and Safe Cribs.

For more information about these resources and services please call 573-785-8478

Program Successes

Last quarter the health department overdose prevention program distributed about 2000 doses of Narcan to community members.

The Butler County Health Department STI/HIV Prevention department completed 980 rapid test in 2025 and distributed about 126,000 safe sex items in the year.

The Butler County Health Department has over 100 clients enrolled in care coordination program.

These highlights represent just a few of the many recent accomplishments at the Butler County Health Department. Check back next month for more updates and exciting news!

Please call us at 573-785-8478 for any questions about our services

Thank you for reading!

BUTLER COUNTY HEALTH DEPARTMENT	573-785-8478
www.butlercountyhealth.org	1619 North Main St. Poplar Bluff, MO 63901

SUBSCRIBE 