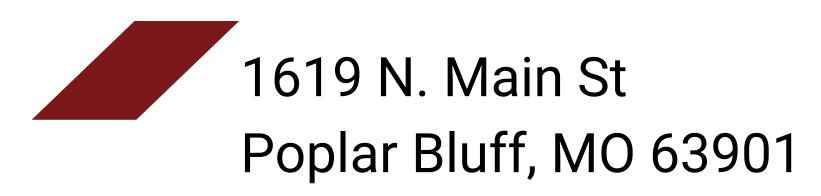


BUTLER COUNTY HEALTH DEPARTMENT COMMUNITY RESOURCE GUIDE

A complete guide to the resources offered at the Butler County Health Department including:

- Family Planning
- Prevention Services
- Health Education
- Nutrition Education
- W.I.C. Services



573-785-8478

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LOCAL RESOURCES AND SERVICES

Emergency Services

• <u>Poplar Bluff Police Department</u> 911 Shelby Rd, Poplar Bluff, MO 63901	73-785-5776
• <u>Butler County Sheriff's Department</u> 200 Oak St, Poplar Bluff, MO 63901	73-785-8444
• <u>Poplar Bluff Fire Department</u> 300 S. Broadway St, Poplar Bluff, MO 63901	'3-686-8692
• Butler County EMS 2906 N. Westwood Blvd, Poplar Bluff, MO 63901	73-686-2959
• <u>Rural Metro Ambulance</u> 414 N. 5th St, Poplar Bluff, MO 63901	73-686-1000
• <u>Missouri Highway Patrol</u> <i>4869-5199 US-67, Poplar Bluff, MO 63901</i>	73-840-9500

City of Poplar Bluff

• Butler County Circuit Court II 100 N. Main St, Poplar Bluff, MO 63901	573-686-8082
• Poplar Bluff Chamber of Commerce 1111 W. Pine St, Poplar Bluff, MO 63901	573-785-7761
• <u>Probation and Parole Office</u> 1441 Black River Industrial Park Rd, Poplar Bluff, MO 63901	573-840-9555
• <u>Poplar Bluff Parks and Recreation Department</u> 430 N. 2nd St, Poplar Bluff, MO 63901	573-686-8645

Community Information and Services

• Butler County Child Support Enforcement Unit Butler County Court House Rm 102, Poplar Bluff, MO 63901	573-686-8059
• Butler County Community Resource Council 644 Charles St, Poplar Bluff, MO 63901	573-776-7830
• <u>Butler County Support Division</u> 1903 Northwood Dr, Poplar Bluff, MO 63901	573-840-9200

• <u>Butler County License Bureau</u> 2201 N. Westwood Blvd. Ste. 9, Poplar Bluff, MO 63901
• <u>Butler County Health Department</u> 1619 N. Main St, Poplar Bluff, MO 63901
• <u>Missouri Department of Social Services</u> 1903 Northwood Dr, Poplar Bluff, MO 63901
• <u>Poplar Bluff Bluff Public Library</u> 318 N. Main St, Poplar Bluff, MO 63901
• <u>Social Security Administration</u> 66 Hwy 142, Poplar Bluff, MO 63901
• <u>South Central Missouri Community Action Agency</u> 1716 S. Broadway St, Poplar Bluff, MO 63901 573-785-4727
• <u>Vocation Rehabilitation</u> 1903 Northwood Dr. Ste 3, Poplar Bluff, MO 63901

Emergency Resources and Charitable Organizations

• Child Concern Center of Butler County 818 Hwy 53, Poplar Bluff, MO 63901	3-785-3108
• <u>Haven House (Women's Shelter)</u> 921 W. Harper St, Poplar Bluff, MO 63901	3-686-4873
• <u>Northside Nutrition / Butler County (Meals)</u> 1450 Garfield St, Poplar Bluff, MO 63901	73-686-2074
• <u>Recycling Grace Ministries</u> 503 Apple St, Poplar Bluff, MO 63901	73-778-1603
• <u>Salvation Army</u> 3581 Westwood Blvd, Poplar Bluff, MO 63901	'3-785-6981
• <u>United Gospel Rescue Mission</u> 421 W. Pine St, Poplar Bluff, MO 63901	73-785-4683
• <u>Fellowship of Acceptance</u> 3581 N. Westwood Blvd, Poplar Bluff, MO 63901	3-785-6981
• <u>The Bread Shed</u> 203 N. D St, Poplar Bluff, MO 63901	'3-686-2201
• <u>First Assembly of God</u> 2518 Barron Rd, Poplar Bluff, MO 63901	3-785-4860
• <u>Green Forest Church of Christ</u> 2535 Township Line Rd, Poplar Bluff, MO 63901	3-785-1007

Housing

• <u>Housing Authority of Poplar Bluff</u> 302 N. E St, Poplar Bluff, MO 63901
• <u>HUD (Rental Assistance for Low Income Families)</u> 3019 Fair St, Poplar Bluff, MO 63901
• <u>Vine St Apartments</u> 438 Vine St, Poplar Bluff, MO 63901
• <u>Bluff View Apartments</u> 2234 Ruth Dr, Poplar Bluff, MO 63901
• Brent Tinnin Apartments 400 S Broadway St, Poplar Bluff, MO 63901
• <u>Ozark Grove Apartments</u> 1295 Velma St, Poplar Bluff, MO 63901
• <u>Oak View Apartments</u> <i>741 E. Outer Rd, Poplar Bluff, MO 63901</i>

Counseling

• <u>Family Counseling Center</u> 3001 Warrior Ln, Poplar Bluff, MO 63901	. 573-686-1200
• <u>Southeast Missouri Behavioral Health</u> 101 S. Main St, Poplar Bluff, MO 63901	. 573-686-5090

Medical

• <u>Poplar Bluff Regional Medical Center</u> 3100 Oak Grove Rd, Poplar Bluff, MO 63901
• <u>Saint Francis Clinic</u> 225 Physician Park Dr, Poplar Bluff, MO 63901
• <u>Missouri Highlands Medical Clinic</u> 2210 Barron Rd #120, Poplar Bluff, MO 63901
• <u>Children's Clinic</u> 2500 Lucy Lee Pkwy, Poplar Bluff, MO 63901
• <u>Saint Francis Behavioral Health Poplar Bluff</u> 686 Lester St, Poplar Bluff, MO 63901

Dental

• <u>Family Dentistry of Poplar Bluff</u> 1602 W Harper St, Poplar Bluff, MO 63901
• Robert Rowland Dentistry 1611 N Westwood Blvd, Poplar Bluff, MO 63901
• <u>Gilberto and Hillis Dentistry</u> 1600 W Harper St, Poplar Bluff, MO 63901
• <u>Dental Arts Group</u> 2700 Kanell Blvd, Poplar Bluff, MO 63901
• <u>Poplar Bluff Community Dental Clinic</u> 1407 N Westwood Blvd, Poplar Bluff, MO 63901
• <u>Aspen Dental</u> 3101 Oak Grove Rd Ste 6, Poplar Bluff, MO 63901
• <u>Jared Beaird Family Dentistry</u> <i>4358 Hwy PP, Poplar Bluff, MO 63901</i> 573-778-0200
• <u>Rockwell Dental</u> 914 N Westwood Blvd, Poplar Bluff, MO 63901
• <u>Poplar Bluff Children's Dentistry</u> 4348 Hwy PP, Poplar Bluff, MO 63901

Orthodontics

• <u>Westrock Orthodontics</u> 2951 Kanell Blvd, Poplar Bluff, MO 63901	573-772-5340
• <u>Innovative Orthodontics</u> 1300 N Westwood Blvd, Poplar Bluff, MO 63901	573-785-1466

Transportation Services

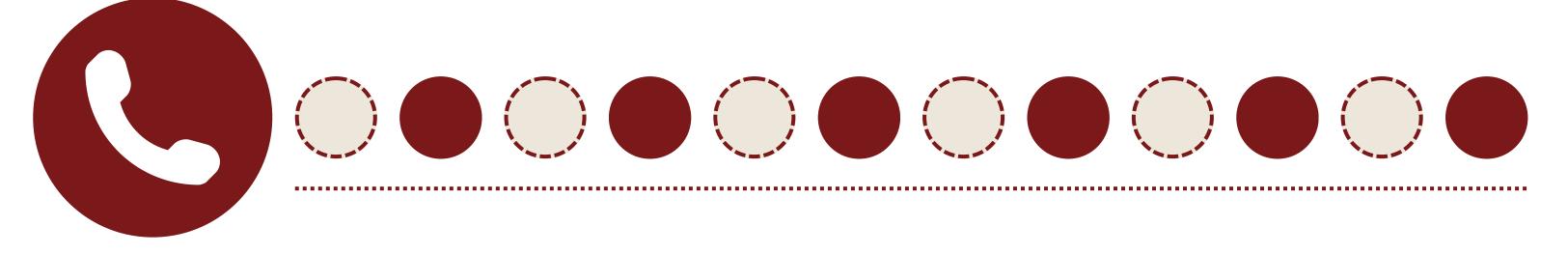
• <u>Bluff Area Transit Service</u> 2510 Kanell Blvd, Poplar Bluff, MO 63901
• <u>SMTS</u> 700 E. Hwy 72, Fredericktown, MO 63645
• <u>Hillbilly Shuttle (Medicaid Patients Only)</u> 3865 County Road 234, Qulin, MO 63961

Poplar Bluff Public Schools

• <u>Head Start</u> 405 Karen Dr, Poplar Bluff, MO 63901 573-785-2372
• Poplar Bluff Early Childhood Center
1202 Camp Rd, Poplar Bluff, MO 63901
• <u>Poplar Bluff Kindergarten Center</u>
1200 Camp Rd, Poplar Bluff, MO 63901
• <u>Lake Road Elementary School</u>
986 Hwy AA, Poplar Bluff, MO 63901 573-785-4392
• <u>Eugene Field Elementary School</u>
711 Nickey St, Poplar Bluff, MO 63901 573-785-4047
• Oak Grove Elementary School
3297 Oak Grove Rd, Poplar Bluff, MO 63901
• O' Neal Elementary School
2300 Baugh Ln, Poplar Bluff, MO 63901 573-785-3037
• Poplar Bluff Middle School
1300 Victory Ln, Poplar Bluff, MO 63901
• <u>Poplar Bluff Junior High School</u> 550 N. Westwood Blvd, Poplar Bluff, MO 63901 573-785-5602
• <u>Poplar Bluff High School</u> 3209 Oak Grove Rd, Poplar Bluff, MO 63901
• <u>Poplar Bluff School Bus Garage</u>
1844 W. Maud St, Poplar Bluff, MO 63901

The future of every community lies in capturing the passion, inagination, and resources of its people.

-Ernesto Sirolli



TOLL FREE HELP NUMBERS

800-344-2666
800-356-9996
800-772-9100
800-923-6602
800-999-9999
800-448-0440
800-272-3900
800-672-2296
800-448-0440
800-222-5864
800-237-6297
800-448-3000
800-525-3777
800-422-6237
800-332-2832
800-392-3738
800-422-4453
973-239-0100
877-969-0010
800-799-7233
800-221-4602
800-662-4357
800-392-0210
800-584-9911
800-663-9929
800-392-1261

• <u>Gay & Lesbian National Hotline</u> .	888-843-4564
• <u>Gay, Lesbian, Bisexual, & Transgender Youth Support Line</u>	800-246-7743
• <u>Homeless / Runaway Hotline</u>	800-786-2929
• <u>HUD Housing Hotline</u> .	800-669-9777
• <u>Independent Adoption Center</u> .	800-877-6736
• <u>Juvenile Diabetes Association</u>	800-223-1138
• <u>Legal Aid</u>	800-999-0249
• <u>Missing & Exploited Children</u> .	800-843-5678
• <u>Missouri School Violence Hotline</u>	866-748-7047
• <u>Mothers Against Drunk Driving</u>	800-438-6233
• <u>National Adoption Center</u>	877-648-4400
• National Association for Children of Alcoholics	888-554-2627
• National Institute of Mental Health	866-615-6464
• <u>National Maternal Mental Health Hotline</u>	833-943-5746
• National Mental Health Association	800-969-6642
• <u>National Office of Post Abortion Trauma</u>	866-482-5433
• <u>National Sexual Assault Hotline</u>	800-656-4673
• <u>National Resource Center on Domestic Violence</u>	800-537-2238
• <u>National Runaway Switchboard</u> .	800-621-4000
• <u>National Suicide Prevention Hotline</u>	988
• <u>National STD Hotline</u> .	800-232-4636
• <u>National Victim Center</u>	855-484-2846
• <u>Organ Donations</u> .	
• <u>Parent Hotline</u>	
• <u>Planned Parenthood</u> .	
• <u>Poison Control</u>	
• <u>Poison Control Hotline</u>	800-222-1222
• <u>Post Abortion (Project Rachel)</u> .	800-593-2273

• Infant Loss Family Support Program
• <u>Teen Help Line</u>
• <u>Teen Line</u>
• <u>Trevor Project</u>
• <u>Veterans Crisis Line</u> 800-273-8255
• <u>Veteran Benefits</u>
• <u>WIC Guidelines</u>
• SAMHSA National Helpline
• <u>Crisis Text Line</u> 741-741
• <u>SAMHSA Disaster Distress Helpline</u>
• <u>National Eating Disorders Association Helpline</u>
• <u>National Alliance on Mental Illness Helpline</u>
• <u>American Family Housing</u> 888-600-4357
• <u>Grief Share</u>
• <u>Family Violence Prevention Center</u> 800-313-1310
• <u>Eating Disorders Center</u>



Call or text to talk with someone who's ready to listen, offer feedback, suggest resources, and provide comfort.

BUTLER COUNTY HEALTH DEPARTMENT SERVICES

Records

• Birth Certificates

Recordings of birth beginning January 1, 1930.

In order for certificates to be issued at the health department, applicants must complete the Birth section of the Application For A Vital Record and provide a valid picture ID. The fee is \$15.00. Certificates are usually available within 10 minutes of completing the request. However, NOT all birth certificates will be available for printing from the local health department due to various reasons.

• Death Certificates

Recordings of death beginning January 1, 1980.

Certificates may be received at the health department after completing the Death section of the Application For A Vital Record and providing a valid picture ID. The fees are \$14.00 for the first certificate and \$11.00 for each additional certificate. Sample forms are provided for information only and may be obtained at the Butler County Health Department. Certificates are usually available within 10 minutes of completing the request.

Covid - 19

• Covid Testing

The Butler County Health Department offers rapid Covid testing every Wednesday, by appointment only. To schedule an appointment please visit: butlercountyhealth.org

• Covid Vaccinations

The Butler County Health Department offers Covid vaccinations every Friday from 8am - 3:30pm. Late night clinics are available once a month from 5pm - 7pm. Please call 573-785-8478 to schedule an appointment. The health department offers varying Covid vaccines which currently include Pfizer, Moderna, Novavax, and the Bivalent boosters. Pediatric vaccines are also available.

• Covid Updates

The Butler County Health Department provides the community with the latest Covid updates including the number of positive cases, the number of hospitalizations, the latest variants, and the number of deaths caused by Covid. The community can obtain this information from the health department by calling 573-785-8478 ext. 228 or visiting butlercountyhealth.org.



Immunizations

• Flu Vaccination

The Butler County Health Department offers flu vaccines to members of the community. Flu vaccines are available on a walk-in basis only, from Monday through Thursday, every week. The health department often hosts flu vaccine clinics in various locations within the community. To learn about these clinics call 573-785-8478 or visit the Butler County Health Department's Facebook page.

• Childhood Immunizations

The Butler County Health Department offers childhood immunizations to members of the community. Some of the vaccinations may only be administered to children, however, some are available to adults as well. The vaccinations available at the health department are:

- Dtap (Diptheria, Tetanus, Pertussis-C)
- Hepatitis A (C, A)
- Hepatitis B (C, A)
- Hib (C)
- Influenza, Inactivated (C, A)
- Measles, Mumps, Rubella (C,A)
- Measles, Mumps, Rubella, Varicella (C)
- Meningococcal (C,A)
- Pneumococcal (C)
- Polio (C)
- Rotavirus (C)
- Tdap (Tetanus, Diptheria, Pertussis C,A)
- Td (Tetanus, Diptheria-C,A)
- Varicella (C,A)

Family Planning

• Women's Wellness Exams

The Butler County Health Department offers women's wellness exams. The purpose of a wellness exam is the patient's reproductive health. The exams usually include three things: a pap smear, a pelvic exam, and a breast exam. These exams are essential as they can catch early signs of cancer or other health problems before they get out of hand.

• Pregnancy Testing

The health department offers pregnancy testing to individuals who suspect they may be pregnant. Additionally, counseling regarding pregnancy is available to those who may need it.

• HIV Screenings

The Butler County Health Department contracts with the Missouri Department of Health and Senior Services to provide Rapid HIV Testing services for the citizens of Missouri. The CDC recommends that individuals between the ages of 13 and 64 get tested for HIV at least once as part of routine health care and those with risk factors get tested more frequently. A general rule for those with risk factors is to get tested at least annually.

• STI Screenings and Treatment

The Butler County Health Department conducts screening and treatment for chlamydia, gonorrhea and syphilis, otherwise referred to as Sexually Transmitted Diseases (STD's). HIV and Hepatitis C testing and counseling is also available. All testing is confidential and free of charge.

• Birth Control

The Butler County Health Department offers multiple forms of birth control methods. These methods include:

- IUD (four different IUDs are available)
- Implant
- The shot (Depo-Provera)
- The ring
- The patch
- The pill (nine different pills are available)
- External condoms
- Internal condoms

For more information regarding each form of birth control, please call 573-785-8478 or visit the righttime.org. Abstinence education is also available at the health department.

*Clients may also refer to their primary care provider for the listed services.

Women's Health

• Show Me Healthy Women

Show Me Healthy Women (SMHW) began in 1992, and is Missouri's implementation of the National Breast and Cervical Cancer Early Detection Program (NBCCEDP). It provides free breast and cervical cancer screenings throughout Missouri, for women meeting certain age, income, and insurance guidelines. SMHW is funded by the Centers for Disease Control and Prevention (CDC) and several national, regional, and local partner organizations. The Butler County Health Department offers services as part of the Show Me Healthy Women program which include:

- Clinical breast exams(CBE)
- Screening mammograms for women age 50-64 (target population)
- Screening mammograms for women 40-49 using alternate funds, if available
- Pap tests
- Pelvic exams
- Specialist consultation (breast and cervical)
- Diagnostic mammograms

The following services are also included in *SMHW*, however, these services are not available at the health department. In the event that a client needs one of these services, the health department will refer the client to a different provider.

- Ultrasound
- Breast biopsies
- Fine needle aspiration
- Conization [Cold Knife, laser, Loop Electrosurgical Excision Procedure (LEEP)]
- Colposcopy (with or without biopsy)

• WISE Woman

WISEWOMAN services include annual screenings that measure blood pressure, total cholesterol, HDL, blood glucose, and height and weight for body mass index (BMI). Health assessments identify lifestyle habits that increase the risk of heart disease and stroke including low intake of fruits and vegetables, low physical activity, and smoking. Risk counseling interprets each woman's screening results and explains her risk for heart disease and stroke. WISEWOMAN education helps each woman make changes she is ready to make, helps her set realistic goals, and provides resources and tools to help her make these changes. These services can be found at the Butler County Health Department. For more information, please contact 573-785-8478.

W.I.C.

• Nutrition

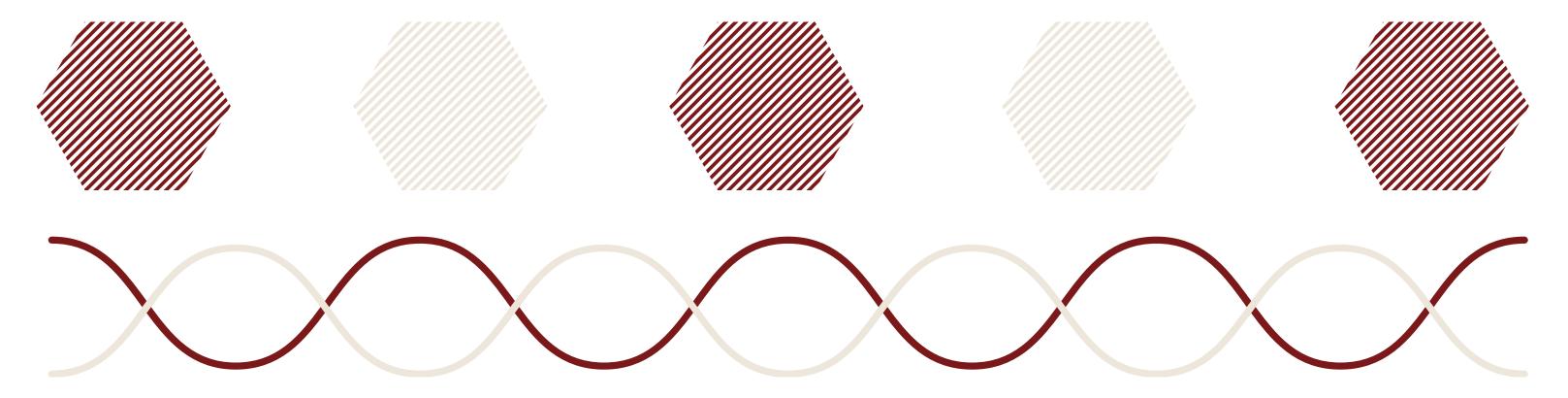
WIC participants are required to receive nutrition education at least once between every certification and mid-certification. Nutrition education is available one-on-one with a nutritionist on staff or an online option is available for non-high risk participants.

• Breast Feeding Support

Our health department encourages families to breastfeed and offers breastfeeding services including prenatal breastfeeding classes, breastfeeding peer counselor program, certified lactation consultant, manual and electric breast pumps, after hours breastfeeding support line, and a mom-to-mom breastfeeding support group.

• Food Packages

WIC participants receive benefits to purchase specific foods at the grocery store each month which are designed to supplement their diets. WIC foods are high in one or more of the following nutrients: protein, calcium, vitamins A, B6, C, D, folate, iron, and zinc. Different food packages are provided for different categories of participants. WIC foods may include milk, eggs, juice, cereal, dry beans/canned beans, cheese, yogurt, peanut butter, tuna, whole grain bread, tortillas, brown rice, fresh/frozen fruits and vegetables, tofu, infant formula, infant cereal, infant fruits/vegetables, and infant meats. For information regarding any of the services offered by the W.I.C. program, please call 573-785-8478 ext. 235.



Prevention Services

• Ending the HIV Epidemic

Ending the HIV Epidemic: A Plan for America (EHE) is a bold plan that aims to end the HIV epidemic in the United States by 2030. In the State of the Union Address on February 5, 2019, President Donald J. Trump announced his administration's goal to end the HIV epidemic in the United States within 10 years. EHE is the operational plan developed by agencies across the U.S. Department of Health and Human Services (HHS) to pursue that goal.

The plan leverages critical scientific advances in HIV prevention, diagnosis, treatment, and outbreak response. In its first phase, the initiative is focusing on areas where HIV transmission occurs most frequently, thus providing 57 geographic focus areas with additional resources to develop and implement locally tailored *EHE* plans. Missouri is a Phase 1 Jurisdiction. Services regarding this plan can be found at the Butler County Health Department. For more information, please call 573-785-8478 ext. 212.

• HIV Case Management

The HIV/AIDS Care Coordination Program is an approach to service delivery which strives to ensure that clients with complex needs receive timely coordinated services and that resources are utilized in order to maintain an individual's ability to function independently in a community of their choice for as long as practical. Care Coordination involves the active participation of the client or the client's designated representative in all aspects of the case management process. Case management is a range of client centered services that link clients with health care, psychosocial and other services to ensure timely, coordinated access to medically appropriate levels of health and support services, a continuum of quality care that promotes the efficient use of resources while containing cost, and ongoing assessment of the client's and other family members' needs and personal support system. The primary role of the case manager is coordination or arrangement of services (formal or informal) across a variety of service settings. In addition to the primary role of service coordination, case managers also assume a variety of secondary roles that are complimentary to coordination. Care Coordinators provide formal and systematic methods to access client needs and access needed services through:

- Intervention and evaluation.
- Negotiation and advocacy for the development and delivery of needed services.
- Assisting clients with access to needed medical, mental health and psychosocial services in the least restrictive environment possible.
- Education to and consultation with consumers and professionals concerning HIV disease and the Care Coordination Program.
- Psychosocial support for affected individuals and family members.
- Education for clients and the client's social network.
- Assist and support the client in spousal/partner notification of HIV status.

Please call, 573-785-8478 ext. 208 for more information.

• STD/HIV Prevention Education

The STD/HIV Prevention Program focuses on helping people understand their risk for STD/HIV infection and reduces their risk for becoming infected or infecting others. Social marketing is an important part of all STD/HIV prevention, and is accomplished by gaining an understanding of how and why target audiences behave as they do, convincing individuals to exchange unhealthy behaviors for healthy ones by showing the benefits of change and strategic management of prevention programs. This is accomplished through various programs offered by BCHD.

These programs include:

- STD/HIV Health Education/Risk Reduction: Health education projects such as evidence-based interventions for persons at risk of, or infected with an STD, resource center with video and pamphlets and collaborative projects with other state and local agencies who have an interest in STD/HIV prevention for those most at risk.
- Community Education: Public information programs, literature placement and skill building programs in group and individual settings.
- Community Planning: This is a participatory process where the Department of Health and Senior Services and BCHD work together with other local communities to plan for interventions that will reach those at greatest risk for HIV and other STD's. The Community Planning Group relies on strong collaboration and partnerships with state and local government, schools, faith communities, at-risk populations and community based organizations.
- Early Intervention: Individuals are provided with the opportunity to learn their STD/HIV status, gain understanding of risky behaviors, develop strategies that may lower risk and learn about resources to support these healthier decisions.

• <u>V.O.I.C.E.S.</u>

Video Opportunities for Innovative Condom Education and Safer Sex is a single-session, video based program that is designed to encourage condom use and improve condom negotiation skills among men and women, who are at high risk for HIV and other sexually transmitted diseases.

• <u>STD 101</u>

This is a single-session program, offered by the Butler County Health Department, that is designed to encourage STD testing and education on all sexually transmitted infections.

• Reducing the Risk

Reducing the Risk: Building Skills to Prevent Pregnancy, STDs, and HIV is a sixteen-session program focused on the development of attitudes and skills that will help teens prevent pregnancy and the transmission of STDs, including HIV. This approach addresses skills such as risk assessment, communication, decision making, planning, and refusal strategies.

• <u>Hepatitus C</u>

Hepatitis C is a liver infection caused by the hepatitis C virus (HCV). Hepatitis C is spread through contact with blood from an infected person. Today, most people become infected with the hepatitis C virus by sharing needles or other equipment used to prepare and inject drugs. For some people, Hepatitis C is a short-term illness, but for more than half of people who become infected with the hepatitis C virus, it becomes a long-term, chronic infection. Chronic Hepatitis C can result in serious, even life-threatening health problems like cirrhosis and liver cancer. People with chronic Hepatitis C can often have no symptoms and don't feel sick. When symptoms appear, they often are a sign of advanced liver disease. There is no vaccine for Hepatitis C. The best way to prevent Hepatitis C is by avoiding behaviors that can spread the disease, especially injecting drugs. Getting tested for Hepatitis C is important, because treatments can cure most people with Hepatitis C in 8 to 12 weeks. Please contact the Butler County Health Department to learn more about testing and treatment options, along with other resources regarding Hepatitis C at 573-785-8478 ext. 231.

• Prep

PrEP (pre-exposure prophylaxis) is a medication that when taken as prescribed can reduce the likelihood of someone getting HIV by up to 99 percent. To use PrEP a person must be tested for HIV and not have it. Some of the different recognized brand names for PrEP are Truvada, Descovy, and Apretude. PrEP protects against HIV but not all other STIs so one should practice safe sex while taking PrEP. PrEP could be a good option for you if have had more than one sex partner in the last 12 months, have a partner living with HIV, have ever had an STI, or you or your sex partner inject drugs. In December of 2022, the Butler County Health Department opened its doors to the area's only PrEP clinic that does not require insurance to access. The clinic gets its funding through a MO Department of Health and Senior Services project to open more rural PrEP clinics across the state. The goal of this clinic is to aid in the national initiative of ending the HIV epidemic by 2030. If you or someone you know is interested in PrEP, please contact the Butler County Health Department's scheduling office to set up an appointment for the once monthly PrEP clinic. For all questions, please call 573-785-8478 ext. 212.

Drug Prevention

• Narcan Program

Narcan is a potentially lifesaving medication designed to help reverse the effects of an opioid overdose in minutes. Since most opioid overdoses occur in the home and are most often witnessed, having a Narcan rescue kit nearby can make all the difference. The Butler County Health Department currently has a Narcan vending machine available in the lobby. Narcan located in the vending machine is free of charge and there is no training or identification required. There are vouchers and Narcan instruction sheets on the wall to the right of the machine. Additionally, the health department offers free Narcan/Naloxone training for anyone, any age. If you would like to be certified and carry Narcan contact the health department at 573-785-8478 ext. 217.

• Overdose Data to Action Program

The ODA program combats the opioid epidemic within Butler County by establishing and enhancing local and regional partnerships, raising community awareness, preventing drug abuse, reduce overdose rates, partaking in treatment and recovery follow-up visits, and offering Narcan (Naloxone) courses to the community and first responders.



Community Gardening

• Community Garden

The health department currently has a community garden located behind the building. The garden is available to the members of the community. The garden allows community members to have access to fresh veggies. Additionally, anyone who wishes to assist in the care and upkeep of the garden may do so. When available, the vegetables are picked from the garden and are brought into the lobby so that community members have easy access to the produce. There other gardens located throughout the community. The public community gardens include BCHD, Hendrickson Park, and Grove Street. There are also private gardens available to specific community members such as the PB Housing Authority, the Juvenile Justice Center, Boys and Girls Club, PB Head Start, and the Wheatley Gardens.

• <u>Tower Garden</u>

There are indoor tower gardens located at the Butler County Health Department. Using aeroponics, the same technology NASA uses, tower gardens grow plants with only water and nutrients rather than dirt. Research has found aeroponic systems grow plants three times faster and produce 30% greater yields on average. That means abundant, nutritious harvests are available just weeks after planting. Tower gardens automatically deliver water and nutrients when they're most needed, so healthy and strong plants can be grown with minimal effort. Healthy plants can better protect themselves from pests and diseases naturally, without pesticides. Plus, there are no weeds to be dealt with because there is no soil. Tower gardens have a vertical, compact design and closed-loop system technology, so it requires as little as 10% of the space and water that is used with traditional growing. Additionally, greens and herbs are grown indoors, year-round. To find out how to obtain a tower garden, please call the health department at 573-785-8478 ext. 217.

Communicable Diseases

• <u>Tuberculosis</u>

The Health Department provides tuberculosis skin testing and conducts follow-up checkups on active cases of TB. Free anti-TB medications can be obtained through the Missouri Department of Health with a doctor's order.

• Communicable Disease Surveillance and Reporting

Missouri has 116 reportable communicable diseases such as tuberculosis, measles, whooping cough, hepatitis, and meningitis. Local health care providers are required to report such diseases to the Health Department. A Public Health Nurse and Environmental Public Health Specialists investigate and follow up on reported communicable diseases in order to identify the origin of the disease, control the further spread, and prevent a recurrence.

Diseases like hepatitis, measles, salmonella, tuberculosis, brucellosis, rabies, meningitis and many more are reported to our agency. We provide follow-up on contacts (family or friends) of these patients, and provide some services for the patients themselves.

Other Programs and Services

• Children and Youth with Special Health Care Needs Program (CYSHCN)

The CYSHCN Program provides assistance statewide for individuals from birth to age 21 who have or are at increased risk for a medical condition that may hinder their normal physical growth and development and who require more medical services than children and youth generally. The program focuses on early identification and service coordination for individuals who meet medical eligibility guidelines. As payer of last resort, the CYSHNC Program provides limited funding for medically necessary diagnostic and treatment services for individuals whose families also meet financial eligibility guidelines. Please call 573-785-8478 ext. 214 for more program information.

• <u>Safe Cribs for Missouri Program</u>

The Safe Cribs for Missouri Program is a provider of last resort for clients who have no full size or portable crib and no other resource for obtaining one. The program requires clients to participate in two individual safe sleep educational sessions provided by the health department. The first session is conducted prior to the client receiving the crib and typically takes place in the office. This session teaches the client about safe sleeping environments for infants. The second session is a follow-up session to assess the use of the crib and typically takes place over the phone. There are eligibility requirements regarding obtaining a crib. To learn more, please call 573-785-8478 ext. 228.

• Presumptive Eligibility (For Pregnant Women)

Presumptive Eligibility, or temporary Medicaid, makes it possible for eligible individuals to gain immediate access to medical services for a temporary period of time while they submit an application to be processed for on-going Medicaid coverage. Presumptive Eligibility applications are available at the Butler County Health Department and are processed immediately upon completion of the application. For more information, please contact 573-785-8478 ext. 228.

• Health Education

The Butler County Health Department is staffed with full time Health Educators who serve as resources for a variety of health education, information and speakers. The health educators promote health and wellness to Butler County. Health Educators are available to speak on a variety of health-related topics at any civic, community or school-related event. Curriculum for all age groups on the following topics is available through the Health Education Department: nutrition, physical activity, child care health consultation, abstinence based education, chronic disease prevention, heart disease and stroke, tobacco use prevention/cessation, clean indoor air, and other topics upon request. Please call for more information. 573-785-8478 ext 217.

• More Information

The Butler County Health Department offers information and resources regarding a wide variety of other topics including emergency preparedness, epidemiology, tick borne illnesses, rabies, bed bugs, bio-terrorism, zika, food borne illnesses, head lice prevention and treatment, blood pressure screenings, and inspection services. To inquire about any of this information, please call 573-785-8478.



