



**BUTLER
COUNTY
HEALTH
DEPARTMENT**

**2024
ANNUAL
REPORT**



573-785-8478



www.butlercountyhealth.org



1619 N. Main St. Poplar Bluff, MO

From the Administrator

I would like to take a moment and share with you some outstanding things we have done at the Butler County Health Department in 2024. This annual report provides a screenshot of our accomplishments and activities over the past year, focusing on our core public health functions of assessment, assurance, and policy development.

Working with our community partners, we were able to provide services within the community that contributed to healthy outcomes for our county. A few highlights include: the installation of 79 free car seats and 31 cribs, the distribution of 883 Narcan and 191 Fentanyl test strips, the inspection of 676 food establishments, and offering PrEP (pre-exposure prophylaxis) clinics.

I want to thank my extraordinary staff and Board of Trustees, our elected officials, community partners, and the residents of Butler County for their continued support and commitment to public health.

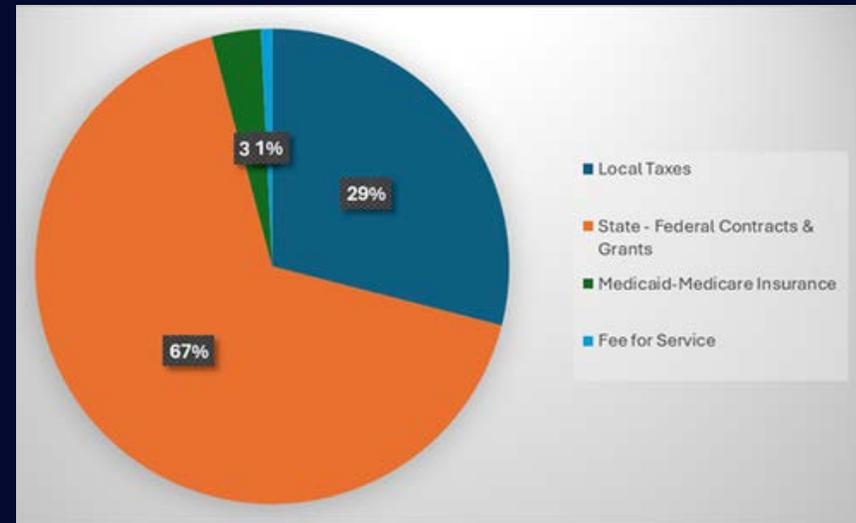
Sincerely,

Emily Goodin
Administrator



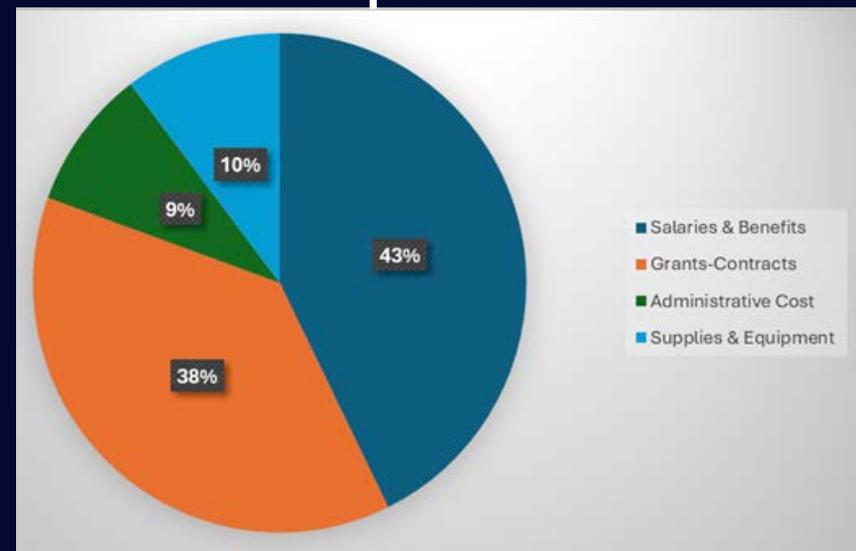
Annual Financial Report

Total Revenue 2024



\$2,042,402.98

Total Expenditures 2024



\$1,365,848.37

Clinic Services

SARS-CoV-2 Immunizations	213	STD Tests	5,319
Blood Pressure Checks	13	HIV Tests	428
Family Planning Services	354	Wise Women	0
Head Lice Kits Distributed	669	Show Me Healthy Women Visits	22
Influenza Vaccines	438	Pregnancy Tests	121
Hepatitis A Vaccines	93	PPD Tests	464
Lead Screening Case Management	62	Tick Related Illnesses	98

Accepted Insurances

United Healthcare
Anthem Blue Cross/Blue Shield
Healthy Blue
Home State Health
MO HealthNet

*****Provider list and benefits subject to change*****

Health Highlights for Butler County

County Health Rankings

Butler County ranked 108 out of 115 counties on health outcomes for 2024.

Residents have an overall lower quality of life compared to other counties in the state. Butler County has a higher than average rate of adult physical inactivity (32%) and smoking (27%). Additionally, access to exercise opportunities is lower than the state average at 68%.

Fifteen percent of Butler County residents are uninsured, compared to 12% of Missouri residents. The county also has a higher than state teen pregnancy rate (44 per 1,000 female residents age 15-19). The percentage of children in Butler County living in poverty is 29% compared to 17% statewide. Also, there is a higher percentage of children living in a household headed by a single parent (29%).

Vital Records

Butler County Health Department provides certified copies of Birth and Death Certificates for the state of Missouri. This service is available through the Missouri Department of Health, Bureau of Vital Records. Birth certificates are \$15 per copy. Death certificates are \$14 for the first copy and \$11 for each duplicate when made in the same day.



3,264
Birth
Certificates
Printed in
2024



2,725 Death
Certificates
Printed in
2024

Environmental Public Health

The Environmental Public Health Specialist (EPHS) inspects ALL food establishments in the county including school cafeterias, restaurants, mobile food vendors, taverns, retail grocery, and food. This position is responsible for the inspection of daycares, head start facilities, and lodging establishments. The EPHS is also responsible for following up with complaints made about all of these same establishments as well as private sewage complaints. The Department of Health and Senior Services (DHSS) inspected the daycares in Butler County for 2024.



1
Sewage
Complaint
Investigations



11
Lodging
Inspections



20
Water
Samples
Collected



20
Farmers
Market
applications



676
Food
Inspections



84
Animal bite
investigations
Zero resulting
in positive tests
for Rabies.



147
Mobile Vender
inspections



20
Licensed Daycares
inspected.

PREP

PrEP (pre-exposure prophylaxis) is a medication that when taken as prescribed can reduce the likelihood of someone getting HIV by up to 99 percent. To use PrEP a person must be tested for HIV and not have it. Some of the different recognized brand names for PrEP are Truvada, Descovy, and Apretude. PrEP protects against HIV but not all other STIs so one should practice safe sex while taking PrEP. PrEP could be a good option for you if you have had more than one sex partner in the last 12 months, have a partner living with HIV, have ever had an STI, or you or your sex partner inject drugs. If you or someone you know is interested in PrEP, please contact the Butler County Health Department's scheduling office to set up an appointment for the once monthly PrEP clinic. No insurance is required to access the monthly PrEP clinic. For all questions, please call 573-785-8478 ext. 212.

STD/HIV PREVENTION EDUCATION

The STD/HIV Prevention Program focuses on helping people understand their risk for STD/HIV infection and reduces their risk for becoming infected or infecting others. Social marketing is an important part of all STD/HIV prevention, and is accomplished by gaining an understanding of how and why target audiences behave as they do and by convincing individuals to exchange unhealthy behaviors for healthy ones.

Prevention Services

EHE

ENDING THE HIV EPIDEMIC

Ending the HIV Epidemic: A Plan for America (EHE) is a bold plan that aims to end the HIV epidemic in the United States by 2030. Services regarding this plan can be found at the Butler County Health Department. Feel free to call 573-785-8478 ext. 212 for more information.



The aim of the HIV/AIDS Care Coordination Program is to offer timely and well-coordinated services to clients with complex needs. The ultimate goal is to help them maintain their independence in their preferred community for as long as possible. Clients or their representatives are actively involved in every aspect of the case management process, with the case manager taking on the primary responsibility of organizing services across different settings. Furthermore, case managers also perform complimentary secondary roles alongside their coordination duties.



WIC

Women, Infants, and Children (WIC)

The WIC program is a nutrition education program in Missouri that assists mothers and young children in maintaining good health through healthy eating. Those who meet the income criteria can apply for WIC benefits at any WIC provider in the state. The United States Department of Agriculture sets the income guidelines. WIC provides various services such as breastfeeding education and support, nutrition and health education, referrals, health screenings, fluoride treatments, and funding to purchase healthy food. The WIC program is very active in Butler County, with the clinic operating Monday through Friday to serve WIC clients.

Breastfeeding Peer Counselor Program (BFPC)

The Breastfeeding Peer Counselor Program provides breastfeeding education and support to WIC participants. The BFPC teaches breastfeeding classes monthly, as well as hosts a quarterly support group. The BFPC also provides one-on-one counseling to moms. The program loans both manual and electric breast pumps. The Butler County WIC Program is recognized as a "Breastfeeding Friendly WIC Clinic" and BCHD as a whole is recognized as a Breastfeeding Friendly Worksite.

Number of Participants (WIC)

Women	4,417
Infants	4,206
Children (age 1-5)	8,209
Total Client Contacts	16,832

Milk Depot and Dispensary

A Milk Depot is a conveniently located collection site for approved human milk donors. Area donors that have been approved by The Milk Bank can drop off their excess breastmilk at the Depot. These donations are collected and sent to The Milk Bank where they will be bottled, pasteurized, and tested for sterility by an independent lab before being dispensed to an ordering hospital or an outpatient with a physician's prescription. Anyone interested in becoming a donor must first contact The Milk Bank at 317-536-1670 or online at themilkbank.org/donate.

The Milk Bank's Donor Milk Express program has the unique ability to provide families in our communities with a readily available source of pasteurized donor human milk (PDHM). Quick access to PDHM allows parents of healthy newborns to supplement with human milk instead of formula, providing babies with a healthy start and parents with peace of mind. Donor Milk Express is available to help bridge the gap between leaving the hospital and a successful breastfeeding routine. Anyone is eligible for this program.

Family Planning

Butler County Health Department offers a variety of services in the family planning category. Women's wellness exams, pregnancy tests, HIV screenings, STI screenings and treatment, and birth control are offered. Butler County has eight options available for birth control; IUD (4 different ones), Implant, The shot, The ring, The patch, The pill (9 different pills), External condoms, and internal condoms. Butler County Health Department also offers Abstinence education.



Show Me Healthy Women and Wise-Woman

Early detection saves lives! Women in Missouri between the ages of 40 and 65 face a higher risk of certain cancers, but unfortunately, many are unable to afford early-detection screenings. Show Me Healthy Women is a free breast cancer and cervical cancer screening program funded by the State of Missouri. The Wise-Woman program is offered to measure the cardiovascular and diabetes risks a woman faces. Women are screened for high blood sugar, diabetes, cholesterol levels, blood pressure, height, weight, and BMI. Education received can help each woman make an individual plan to set reasonable goals, reduce her risks, and improve her health. These services are offered at no cost, and clients can call Butler County Health Department to see if they qualify.



Narcan

Program

Narcan is a medication designed to swiftly counter the effects of an opioid overdose, potentially saving a life in minutes. As opioid overdoses frequently occur in homes and are often witnessed, having a Narcan rescue kit nearby can be crucial. To assist with this, the Butler County Health Department has installed a vending machine in the lobby, offering free Narcan with no necessary training or identification. Narcan instruction sheets and vouchers are available to the right of the machine. This machine is the first Narcan vending machine in the state and the first one ever in a health department. The department also provides free Narcan/Naloxone training every last Tuesday of the month at noon, available to anyone of any age. If you're interested in the training, contact the health department at 573-785-8478 ext. 217. In 2024, there were 883 Narcan distributed.

DRUG PREVENTION



OVERDOSE DATA TO ACTION (ODA)

The Overdose Data to Action Program combats the opioid epidemic within Butler County by establishing and enhancing local and regional partnerships, raising community awareness, preventing drug abuse, reducing overdose rates, partaking in treatment and recovery follow-up visits, and offering Narcan (Naloxone) courses to the community and first responders. BCHD distributed 191 Fentanyl test strips to the community.



Lead Assessment/Testing

Missouri's children are at risk for lead poisoning, a preventable health problem that affects the brain and physical growth. In Butler County, children are tested with a simple finger stick to check for potential lead exposure. Verbal and written lead education materials are also provided to the child's parent or guardian when elevated lead levels are detected. The child is followed by a nurse case manager at BCHD until the lead level is within normal range. A total of 62 children had elevated levels of lead in 2024.

Annual Outreach Day

On May 16, 2024, Butler County Health Department held the Annual Outreach Day event. There were multiple vendors from the community at the event. The vendors provided information about what resources are available to citizens through their agencies. An estimated total of 262 community members were served at this event.



Immunizations

A total of 2,108 immunizations were administered in 2024. This number reflects the total of roughly 38 onsite and 5 offsite clinics. This number includes 438 Influenza vaccinations and 213 Covid vaccinations.

2,108
IMMUNIZATIONS
GIVEN



Communicable Diseases

Sexually Transmitted Disease:

Public health workers at the Butler County Health Department provide no-cost screenings for Chlamydia, Gonorrhea, HIV, and Syphilis. Treatment is provided at no cost to clients with Chlamydia, Gonorrhea, and Syphilis. The disease intervention specialist will assist in partner tracking for STD and HIV cases. In 2024, there were 113 cases of Chlamydia, 65 cases of Gonorrhea, and 127 cases of Syphilis.

Tuberculosis

The health department provides tuberculosis skin testing and conducts follow-up checkups on active cases of TB. Free anti-TB medications can be obtained through the Missouri Department of Health with a doctor's order. There were 464 TB tests completed in 2024, with 2 classified as latent (not contagious) and 0 classified as active (contagious).

Rabies

Public health workers investigate animal bite incidents to determine the risk of rabies transmission for the victims. Rabies is a deadly viral illness typically transmitted to humans through a bite from an infected animal. Rabies Post Exposure Prophylaxis (RPEP) treatment is available for individuals who may have been exposed to a rabid animal. There were no confirmed cases of rabies disease reported for Butler County in 2024. However, 84 individuals were reported to be victims of animal bites in 2024.

Pet vaccination against rabies by a licensed veterinarian remains the best protection from human exposure to rabies.

Health Education Services

BMTF Program

The Baby and Me Tobacco Free Program makes a plan to support and help you quit smoking and you can earn up to \$350 in gift cards for diapers and baby wipes. If you are up to 36 weeks pregnant, a current tobacco user, quit since becoming pregnant or quit within three months of becoming pregnant you are eligible. In 2024, there were 11 participants.



Childcare Health Consultation:

The services of a consultation expert are offered to all licensed, license-exempt, and non-regulated child care providers within Butler County. There were more than 460 children impacted through this program.

Maternal Child Health

The Maternal Child Health grant is a federal program dedicated to improving the health of all women, children, and families. The priority health issues are to prevent and reduce intentional or unintentional injuries related to alcohol and/or substance use/abuse in adolescents age 10-19 along with improving the overall health and reduce the obesity rate of adolescents in Butler County. 1-2-3-4-5

Fit-Tastic education was distributed at the annual Butler County Outreach Day. The Fit-Tastic framework encourages a healthy, active lifestyle for children. The Fit-Tastic program was developed to assist children and parents in understanding the importance of healthy habits that begin early in life.

Children and Youth with Special Needs



The Children and Youth with Special Health Care Needs Program (CYSHCN) provides assistance statewide for individuals from birth to age 21 who have or are at increased risk for a medical condition that may hinder their normal physical growth and development and who require more medical services than children and youth generally. The program focuses on early identification and service coordination for individuals who meet medical eligibility guidelines. As payer of last resort, the CYSHCN Program has limited funding for medically necessary diagnostic and treatment services for individuals whose families also meet financial eligibility guidelines.

The Special Needs Registry offered by BCHD in conjunction with Butler County Emergency Management Agency aims to identify individuals in the county who may require life-saving items during emergencies like tornadoes, severe storms, chemical spills, or earthquakes. Examples of special needs individuals include those living with.

- respiratory problems requiring oxygen or ventilators
- airway suctioning
- IV therapies
- tube feeding
- wound care
- daily injections
- physical or mental conditions requiring daily medications
- language or cultural barriers
- hearing or speech impairments
- individuals with task trained service animals



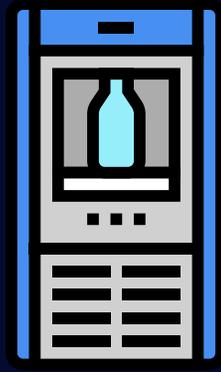
 SCAN ME

Register for One Call
Special Health
Care Needs 

Health Education

BCBH

Building Communities for Better Health (BCBH) is a grant that works towards cleaner air and active transportation. In 2024, BCHD partnered with Ozark Foothills Regional Planning Commission to draft an Active Transportation Plan for the community. BCHD also partnered with Parks and Recreation to install two water bottle filling stations to promote our trails.



THANK
YOU
Adopt A Family

The Community Health Worker (CHW) hosted an Adopt-A-Family for Christmas. Families in need could connect with the CHW and fill out a card. Those wanting to help could pick a family or donate money that would help a family. This year we helped 6 families. Thank you to all who donated!



Events



Our WIC team hosted several events throughout the year. Here is a picture of them preparing for the World Breastfeeding Week “Family Day Out” event held in August. There were around 150 attendees.

In October, WIC hosted a Trunk or Treat event at the health department. Big Bird and the Cookie Monster made an appearance. Around 300 individuals came to this event.



In December, we had the Grinch and Santa come visit BCHD. In total, they saw around 100 community members.



COMMUNITY GARDENS

The Health Department currently has a community garden located behind the building and is available to members of the community. The garden allows members of the community to have access to fresh veggies.

When available, the vegetables are picked from the garden and are brought into the lobby so that community members have easy access to the produce.



Health Education Services

Social Determinants of Health



Car Seat Program

The Car Seat program is designed to provide car seats to individuals who need them. The program has no requirements other than the need for a car seat or booster seat. If it is a replacement, the current car seat is inspected to see if it is still suitable for the child based on height, weight, any damage to the harness, if labels are missing, etc. There were 79 car seats installed in 2024.



The Butler County Health Department addresses issues in our community that impact public health, including policy, system, environmental, and programmatic strategies that address Social Determinants of Health (SDOH). The health department already has a solid foundation with community partners that work towards projects that address the five (5) SDOH domains: economic stability, education access and quality, healthcare access and quality, neighborhood and built environment, and social and community context.



Safe Cribs for Missouri

The Safe Cribs for Missouri program has continued at the health department in 2024. This program is funded through the State of Missouri and allows portable cribs to be made available to clients in need of one. Clients must meet certain financial eligibility requirements set by the State of Missouri to receive one of these cribs. Requirements also include clients be at least 32 weeks gestation or have an infant up to 6 months old at the time of crib application. There were 31 cribs received by community members this year.